

May is

NATIONAL Water Safety MONTH

In an effort to continue the importance of drowning prevention education during the pandemic, the City of Stayton—Stayton Family Memorial Pool is highlighting May’s designation as National Water Safety Month.

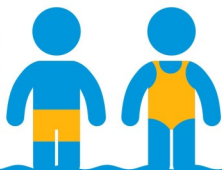
Despite facility closures, City staff members are focused on keeping residents safe through online trainings and virtual meetings with the American Red Cross and other aquatics safety professionals from around the country to provide critical lifesaving information to the community. Drowning is a preventable tragedy that can happen in as little as two inches of water.

National Water Safety Month will be highlighted through educational information aimed at children, families and the community.



Pool Safety Facts

for Parents and Kids



Did you know?



Drowning is silent. There can be very little splashing, waving or screaming.



Watching your child in the water is your responsibility. A lifeguard’s job is to enforce rules, scan, rescue and resuscitate.

Drowning is quick. Once a child begins to struggle, you may have less than a minute to react.



Swim lessons are essential, but skill level varies. Many children who drowned in pools reportedly knew how to swim.



Make sure kids learn how to swim and develop these 5 water survival skills.



1 Step or jump into water over his/her head and return to the surface.



2 Float or tread water for one minute.



3 Turn around in a full circle and find an exit from the water.



4 Swim 25 yards to the exit.



5 Exit from the water without using the ladder.

Watch your kids when they are in and around water, without distraction.



Learn more at safekids.org.

Hello all,

Even though we are unable to be at the pool and work on those essential swim lessons and water safety skills from our amazing Swim Instructors and Lifeguards, I have been trying to work on ideas to help all the parents, grandparents, and friends keep you’re kids working on their skills.

I have attached a You Tube video that has a lot of fun at home swim lesson ideas along with an activity sheet to do. These lessons have been designed for beginner to advanced swimmers. These videos will help us continue the important swim lesson learning process that we have started. Please talk to your child about water safety and how to be an extra set of eyes while in the water. Drownings happen quickly and most often silently. Please watch your children closely around any an all bodies of water even when a lifeguard is present.



If you have any question please feel free to contact me, Billie Maurer at bhightmaurer@ci.stayton.or.us

Swim Lesson Video: [Click](#)

Activity Sheets: [Click](#)