

STAYTON FAMILY MEMORIAL POOL

400 W Virginia St, Stayton, Or Ph: (503) 767-7665 www.staytonoregon.gov



Feb 24 - Mar 22 POOL SCHEDULE!

Schedule subject to change at any time



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|---|--|---|--|--|--|--|---|
| Lap Swim/ Water Movement 5:30 am -7:55 am | Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55 | Lap Swim/ Water Movement 5:30 am -7:55 am | Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55 | Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55 | CLOSED | CLOSED | <p>POOL RULES</p> <p>All kids under the age of 12 must be able to pass a swim test to be at the pool without an adult.</p> <p>Child 9 and under must be accompanied by an adult at all times. If unable to pass the swim test a guardian must be in the water no more than arms length away.</p> <p>*** March 31 *** No 5:30 pm - 7pm Water movement Due to Staff In-service</p> <p>No Swim lessons Spring Break Week</p> <p>** Note** Water Movement during Swim Lessons: Lesson kids may practice diving in the deep end during this time.</p>  |
| Core Conditioning 8:00-8:55 | Lite Aquacise 8:00-8:55 | Core Conditioning 8:00-8:55 | Lite Aquacise 8:00-8:55 | Core Conditioning 8:00-8:55 | | | |
| Power Hour 9:00-9:55 | Power Hour 9:00-9:55 | Power Hour 9:00-9:55 | Power Hour 9:00-9:55 | Power Hour 9:00-9:55 | Rental | Rental | |
| Joints in Motion/ Deep Plunge 10:00-10:55 | Volleyball 10:00-10:55 | Joints in Motion/ Deep Plunge 10:00-10:55 | Volleyball 10:00-10:55 | Deep 2 Shallow 10:00-10:55 | 9:00-9:55 | 9:00-9:55 | |
| Ai Chi 11:00-11:55 | SCDC Lesson 11:00-11:30 | Yogalates 11:00-11:55 | SCDC Lesson 11:00-11:30 | SCDC Lessons 11:00-11:30 | Rental 10:00-10:55 | Rental 10:00-10:55 | |
| | Swim Lessons/ *Water Movement (deep end only) 11:30-11:55 | | Swim Lessons/ *Water Movement (deep end only) 11:30-11:55 | | Rental 11:00 a -11:55 a | Rental 11:00 a -11:55 a | |
| Lap Swim/ Water Movement 12:00-12:55 | Lap Swim/ Water Movement 12:00-12:55 | Lap Swim/ Water Movement 12:00-12:55 | Lap Swim/ Water Movement 12:00-12:55 | Lap Swim/ Water Movement 11:30-12:55 | Lap Swim/ Water Movement 12:00-12:55 | Lap Swim/ Water Movement 12:00-12:55 | |
| Kiwanis Swim Lesson 1:00 p-1:55 p | Kiwanis Swim Lesson 1:00 p-1:55 p | Kiwanis Swim Lesson 1:00 p-1:55 p | Kiwanis Swim Lesson 1:00 p-1:55 p | Kiwanis Swim Lesson 1:00 p-1:55 p | Open Swim 1:00 p -2:55 p | Open Swim 1:00 p -3:55 p | |
| Senior / Therapy Time 2:00-3:15 p | Senior / Therapy Time 2:00-3:15 p | Senior / Therapy Time 2:00-3:15 p | Senior / Therapy Time 2:00-3:15 p | Senior / Therapy Time 2:00-3:15 p | | | |
| Open Swim 3:30 p -4:45 p | Open Swim 3:30 p -4:45 p | Open Swim 3:30 p -4:45 p | Open Swim 3:30 p -4:45 p | Open Swim 3:30 p -4:45 p | Office Only | Rental 4:00 p -5:00 p | |
| Manta Ray Swim Team 5:00 p - 6:55 p | Swim Lessons/ * Water Movement (deep end only) 5:30pm-7:00pm | Manta Ray Swim Team 5:00 p - 6:55 p | Swim Lessons/ * Water Movement (deep end only) 5:30pm-7:00pm | Manta Ray Swim Team 5:00 p - 6:55 p | | Open Swim 4:00 p-6:55 p | Rental 5:00 p -6:00 p |
| Lap Swim/ Water Movement 7:00 p - 7:55 p | Aqua Aerobic/ Swim Team/ Lap Swim (1 lane) 7:00p-7:55p | Lap Swim/ Water Movement 7:00 p - 7:55 p | Aqua Aerobic/ Swim Team/ Lap Swim (1 lane) 7:00p-7:55p | Open Swim 7:00 p-7:55 p \$2.00 | Rental | Rental | |