



Feb 18 - Mar 24 POOL SCHEDULE!

Schedule subject to change at any time



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Lap Swim/ Water Movement 5:30 am -7:55 am	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	Lap Swim/ Water Movement 5:30 am -7:55 am	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	CLOSED	CLOSED	POOL RULES All kids under the age of 12 must be able to pass a swim test to be at the pool without an adult. Child 9 and under must be accompanied by an adult at all times. If unable to pass the swim test a guardian must be in the water no more than arms length away.
Core Conditioning 8:00-8:55	Lite Aquacise 8:00-8:55	Core Conditioning 8:00-8:55	Lite Aquacise 8:00-8:55	Core Conditioning 8:00-8:55	Rental 8:00-8:55	Rental 8:00-8:55	
Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Rental 9:00-9:55	Rental 9:00-9:55	
Joints in Motion/ Deep Plunge 10:00-10:55	Volleyball 10:00-10:55	Joints in Motion/ Deep Plunge 10:00-10:55	Volleyball 10:00-10:55	Deep 2 Shallow 10:00-10:55	Rental 10:00-10:55	Rental 10:00-10:55	
Ai Chi 11:00-11:55	SCDC Lesson 11:00-11:30 Swim Lessons/ *Water Movement (deep end only) 11:30-11:55	Yogalates 11:00-11:55	SCDC Lesson 11:00-11:30 Swim Lessons/ *Water Movement (deep end only) 11:30-11:55	SCDC Lessons 11:00-11:30	Rental 11:00 a -11:55 a	Rental 11:00 a -11:55 a	 ** POOL CLOSED ** Monday February 18th "President's Day"
Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 11:30-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water 12:00-12:55	
Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Open Swim 1:00-1:55 (\$2.00) **No Open Swim Feb 22nd & Mar 15**	Open Swim 1:00 p -2:55 p	Open Swim 1:00 p -3:55 p	
Senior/ Therapy Time 2:00-3:15 p	Senior/ Therapy Time 2:00-2:55	Senior/ Therapy Time 2:00-3:15 p	Senior/ Therapy Time 2:00-2:55	Senior/ Therapy Time 2:00-3:15 p	Office Only	Rental 4:00 p -5:00 p	
Manta Ray Swim Team 4:00 p - 6:55 p	Open Swim 3:30 p -4:45 p Swim Lessons/ * Water Movement (deep end only) 5:00pm-7:00pm	Manta Ray Swim Team 4:00 p - 6:55 p	Open Swim 3:30 p -4:45 p Swim Lessons/ * Water Movement (deep end only) 5:00pm-7:00pm	Open Swim 3:30 p -4:45 p Manta Ray Swim Team 5:00 p - 6:55 p	Open Swim 4:00 p-6:55 p	Rental 5:00 p -6:00 p	** Note** Water Movement during Swim Lessons: Lesson kids may practice diving in the deep end during this time.
Lap Swim/ Water Movement 7:00 p - 7:55 p	Aqua Aerobic/ Swim Team/ Lap Swim (1 lane) 7:00p-7:55p	Lap Swim/ Water Movement 7:00 p - 7:55 p	Aqua Aerobic/ Swim Team/ Lap Swim (1 lane) 7:00p-7:55p	Open Swim 7:00 p-7:55 p \$2.00	Rental	Rental	

