



Feb 18 - Mar 24 POOL SCHEDULE!

Schedule subject to change at any time



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	POOL RULES All kids under the age of 12 must be able to pass a swim test to be at the pool without an adult. Child 9 and under must be accompanied by an adult at all times. If unable to pass the swim test a guardian must be in the water no more than arms length away.
Lap Swim/ Water Movement 5:30 am -7:55 am	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	Lap Swim/ Water Movement 5:30 am -7:55 am	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	CLOSED	CLOSED	
Core Conditioning 8:00-8:55	Lite Aquacise 8:00-8:55	Core Conditioning 8:00-8:55	Lite Aquacise 8:00-8:55	Core Conditioning 8:00-8:55	Rental 8:00-8:55	Rental 8:00-8:55	
Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Rental 9:00-9:55	Rental 9:00-9:55	
Joints in Motion/ Deep Plunge 10:00-10:55	Volleyball 10:00-10:55	Joints in Motion/ Deep Plunge 10:00-10:55	Volleyball 10:00-10:55	Deep 2 Shallow 10:00-10:55	Rental 10:00-10:55	Rental 10:00-10:55	
Ai Chi 11:00-11:55	SCDC Lesson 11:00-11:30 Swim Lessons/ *Water Movement (deep end only) 11:30-11:55	Yogalates 11:00-11:55	SCDC Lesson 11:00-11:30 Swim Lessons/ *Water Movement (deep end only) 11:30-11:55	SCDC Lessons 11:00-11:30	Rental 11:00 a -11:55 a	Rental 11:00 a -11:55 a	
Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 11:30-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water 12:00-12:55	
Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Open Swim 1:00-1:55 (\$2.00) **No Open Swim Feb 22nd & Mar 1 & 15**	Open Swim 1:00 p -2:55 p	Open Swim 1:00 p -3:55 p	
Senior/ Therapy Time 2:00-3:15 p	Senior/ Therapy Time 2:00-2:55	Senior/ Therapy Time 2:00-3:15 p	Senior/ Therapy Time 2:00-2:55	Senior/ Therapy Time 2:00-3:15 p	Office Only	Rental 4:00 p -5:00 p	
Manta Ray Swim Team 4:00 p - 6:55 p	Open Swim 3:30 p -4:45 p Swim Lessons/ * Water Movement (deep end only) 5:00pm-7:00pm	Manta Ray Swim Team 4:00 p - 6:55 p	Open Swim 3:30 p -4:45 p Swim Lessons/ * Water Movement (deep end only) 5:00pm-7:00pm	Manta Ray Swim Team 5:00 p - 6:55 p	Open Swim 4:00 p-6:55 p	Rental 5:00 p -6:00 p	
Lap Swim/ Water Movement 7:00 p - 7:55 p	Aqua Aerobic/ Swim Team/ Lap Swim (1 lane) 7:00p-7:55p	Lap Swim/ Water Movement 7:00 p - 7:55 p	Aqua Aerobic/ Swim Team/ Lap Swim (1 lane) 7:00p-7:55p	Open Swim 7:00 p-7:55 p \$2.00	Rental	Rental	



**** POOL CLOSED ****

Monday February 18th
"President's Day"

**** Note****
Water Movement during Swim Lessons: Lesson kids may practice diving in the deep end during this time.

