



# Feb 19 - Mar 25 POOL SCHEDULE!

Schedule subject to change at any time



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Lap Swim/ Water Movement 5:30 am -7:55 am	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	Lap Swim/ Water Movement 5:30 am -7:55 am	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	<b>CLOSED</b>	<b>CLOSED</b>	<p><b>POOL RULES</b></p> <p>All kids under the age of 12 must be able to pass a swim test to be at the pool without an adult.</p> <p>Child 9 and under must be accompanied by an adult at all times. If unable to pass the swim test a guardian must be in the water no more than arms length away.</p>  <p><b>** POOL CLOSED **</b></p> <p><b>Monday February 19th</b> "President's Day"</p> <p><b>** Note**</b> <b>Water Movement during Swim Lessons: Lesson kids may practice diving in the deep end during this time.</b></p> <p><b>****6:30 Lap Swim ****</b></p> <p>Starts on Feb 27th due to the last week of February Swim Lessons</p> <p><b>*** 7:00-7:55 p***</b></p> <p><b>Only on 20th &amp; 22nd</b></p>
Core Conditioning 8:00-8:55	Joints in Motion 8:00-8:55	Core Conditioning 8:00-8:55	Joints in Motion 8:00-8:55	Core Conditioning 8:00-8:55			
Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Rental 9:00-9:55	Rental 9:00-9:55	
Joints in Motion/ Deep Plunge 10:00-10:55	Volleyball 10:00-10:55	Joints in Motion/ Deep Plunge 10:00-10:55	Volleyball 10:00-10:30	Deep 2 Shallow 10:00-10:55	Rental 10:00-10:55	Rental 10:00-10:55	
Ai Chi 11:00-11:55	SCDC Lesson 11:00-11:30	Yogalates 11:00-11:55	SCDC Lesson 11:00-11:30	SCDC Lessons 11:00-11:55	Rental 11:00 a -11:55 a	Rental 11:00 a -11:55 a	
	Swim Lessons/ *Water Movement (deep end only) 11:30-11:55		Swim Lessons/ *Water Movement (deep end only) 11:30-11:55		Rental 11:00 a -11:55 a	Rental 11:00 a -11:55 a	
Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	
Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Open Swim 1:00-1:55 (\$2.00)	Open Swim 1:00 p -2:55 p	Open Swim 1:00 p -3:55 p	
Senior / Therapy Time 2:00-3:25 p	Senior / Therapy Time 2:00-2:55	Senior / Therapy Time 2:00-3:25 p	Senior / Therapy Time 2:00-2:55	Senior / Therapy Time 2:00-3:25 p	<b>Office Only</b> <b>3:00-3:55</b>	Rental 4:00 p -4:55 p	
Open Swim 3:30 p -4:45 p	Open Swim 3:00 p -4:25 p	Open Swim 3:30 p -4:45 p	Open Swim 3:00 p -4:25 p	Open Swim 3:30 p -4:45 p		Rental 5:00 p -6:00 p	
Manta Ray Swim Team 5:00 p - 6:55 p	Swim Lessons/ * Water Movement (deep end only) 5:00pm-6:30pm	Manta Ray Swim Team 5:00 p - 6:55 p	Swim Lessons/ * Water Movement (deep end only) 5:00pm-6:30pm	Manta Ray Swim Team 5:00 p - 6:55 p	Open Swim 4:00 p-6:55 p	Rental 5:00 p -6:00 p	
Lap Swim/ Water Movement 7:00 p - 7:55 p	<b>** 6:30 Lap Starts</b> <b>Week of Feb 27th**</b> 6:30 p - 7:55 p Swim Team/ Lap Swim (1 lane @7pm)	Lap Swim/ Water Movement 7:00 p - 7:55 p	<b>** 6:30 Lap Starts</b> <b>Week of Feb 27th**</b> 6:30 p - 7:55 p Swim Team/ Lap Swim (1 lane @7pm)	Open Swim \$2.00 7:00 p-7:55 p	Rental 7:00-7:55	Rental	
	Aqua Aerobic 7:00 p - 7:55		Aqua Aerobic 7:00 p - 7:55				