

STAYTON FAMILY MEMORIAL POOL

400 W Virginia St, Stayton, Or Ph: (503) 767-7665 www.staytonoregon.gov



Oct 1 - Nov 10 POOL SCHEDULE!

Schedule subject to change at any time



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
Lap Swim/ Water Movement 5:30 am -7:55 am	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	Lap Swim/ Water Movement 5:30 am -7:55 am	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	Lap Swim/ Water Movement 5:30-7:55am Aqua Aerobics 6:00-6:55	CLOSED	CLOSED	<p>*** POOL RULES *** All kids under the age of 12 must be able to pass a swim test to be at the pool without an adult. Child 9 and under must be accompanied by an adult at all times. If unable to pass the swim test a guardian must be in the water no more than arms length away.</p>	
Core Conditioning 8:00-8:55	Lite Aquacise 8:00-8:55	Core Conditioning 8:00-8:55	Lite Aquacise 8:00-8:55	Core Conditioning 8:00-8:55	Rental 8:00-8:55	Rental 8:00-8:55		
Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Power Hour 9:00-9:55	Rental	Rental		
Joints in Motion/ Deep Plunge 10:00-10:55	Volleyball 10:00-10:55	Joints in Motion/ Deep Plunge 10:00-10:55	Volleyball 10:00-10:30	Deep 2 Shallow 10:00-10:55	9:00-9:55	9:00-9:55		
Ai Chi 11:00-11:55	SCDC Lesson 11:00-11:30	Yogalates 11:00-11:55	SCDC Lesson 11:00-11:30	SCDC Lessons 11:00-11:55	Rental 10:00-10:55	Rental 10:00-10:55		
	Swim Lessons/ *Water Movement (deep end only) 11:30-12:00		Swim Lessons/ *Water Movement (deep end only) 11:30-12:00		Rental 11:00 a -11:55 a	Rental 11:00 a -11:55 a		
Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55	Lap Swim/ Water Movement 12:00-12:55		<p>Will Be CLOSED November 11 to Celebrate Veterans Day</p>
Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Kiwanis Swim Lesson 1:00 p-1:55 p	Open Swim 1:00 p -2:55 p	Open Swim 1:00 p -3:55 p		
Senior / Disabled Therapy Time 2:00-3:30	Senior / Disabled Therapy Time 2:00-2:55	Senior / Disabled Therapy Time 2:00-3:30	Senior / Disabled Therapy Time 2:00-2:55	Senior / Disabled Therapy Time 2:00-3:30	Office Only 3:00-3:55	Rental		<p>"Tune Up Time" 1st and 3rd Friday of the Month at 9:00 am</p>
Open Swim 3:30 p -4:45 p	Open Swim 3:30 p -4:45 p	Open Swim 3:30 p -4:45 p	Open Swim 3:30 p -4:45 p	Open Swim 3:30 p -4:45 p		4:00 p -4:55 p		
Swim Team 5:00-6:55	Swim Lessons/ * Water Movement (deep end only) 5:00 pm-6:30pm	Swim Team 5:00-6:55	Swim Lessons/ * Water Movement (deep end only) 5:00 pm-6:30pm	Swim Team 5:00-6:55	Open Swim 4:00-6:55	<p>** Note** Water Movement during Swim Lessons: Lesson kids may practice diving in the deep end during this time.</p>		
Lap Swim/ Water Movement 7:00 p - 7:55 p	Swim Team/ Lap Swim (1 lane) 6:30p-7:55p	Lap Swim/ Water Movement 7:00 p - 7:55 p	Swim Team/ Lap Swim (1 lane) 6:30p-7:55p	Open Swim 7:00 p-8:00 p \$2.00	Rental 7:00 p - 8:00 p		Rental 5:00-6:00	
	Aqua Aerobic 7:00 p - 7:55		Aqua Aerobic 7:00 p - 7:55					